



When men are young, their testosterone levels are in abundance and associated with muscularity, strength and virility. As they age and sex hormone metabolism changes, men begin to lose their valuable testosterone while increasing their levels of estrogen – particularly 16-hydroxy estrone. This condition, often referred to as **estrogen-dominance**, is also associated with increasing abdominal fat, reduced libido and prostate problems. By retirement age it is not uncommon to find men with higher estrogen levels than women of the same age.



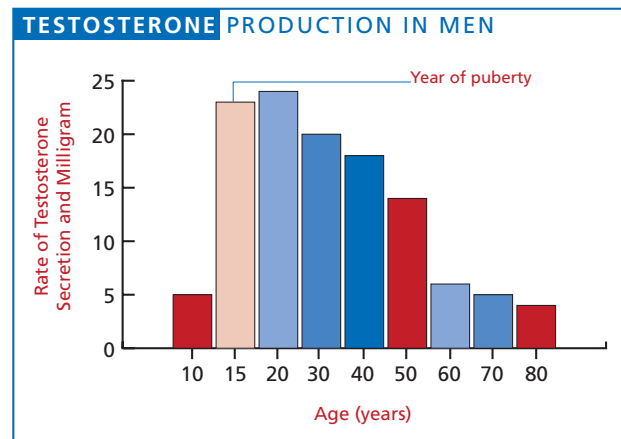
WHAT'S A GUY TO DO?

To reduce the impact of estrogen in your body while maximizing testosterone levels:

- Use glass rather than plastic to store food
- Never heat food in plastic containers in the microwave
- Buy organic produce and meats
- Use natural pest control around your home
- Avoid synthetic chemicals in your personal care products
- Use condoms without spermicide
- Minimize intake of soy, a known plant estrogen
- Consume sufficient quantities of high quality protein
- Perform regular bouts of resistance training (weight training)
- Get sufficient sleep
- Take Brad King's **Ultimate Male Energy**, **Ultimate Libido** and **Ultimate Prostate** products with nutrients that support testosterone levels, reduce the impact of excess estrogen and address the problems related to andropause.

Do you remember what it was like to be a teenager? Do you have memories of that lean, muscular physique that never seemed to gain an ounce of fat no matter how much you ate – or drank? Do you now find yourself patting your belly more than your dog? If you do, you could very well be experiencing a loss of testosterone, otherwise known as **andropause**.

Andropause is commonly defined as the natural cessation of the sexual function in older men due to a marked reduction in male hormone levels – primarily testosterone.



Low testosterone levels are both directly and indirectly linked to:

- Weight gain – especially in the midsection
- Thickening of the arteries
- Accelerated osteoporosis
- Decreased muscle strength
- Decreased libido
- Lack of energy
- Erection problems
- Falling asleep after dinner
- Memory impairment,
- Loss of pubic hair
- Mood changes
- Decrease in endurance
- Loss of auxiliary hair

For more information and to receive Brad King's FREE monthly e-letter with valuable health information and savings go to:

ULTIMATE



MALE SOLUTIONS

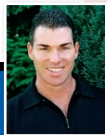
LIBIDO

Brad King's Ultimate Libido

- ✓ Enhance libido
- ✓ Boost desire and performance
- ✓ Maintain healthy erections
- ✓ Enhance orgasm intensity and duration
- ✓ Increase the body's natural production of testosterone
- ✓ Maintain and build muscle tissue
- ✓ Increase natural energy
- ✓ Enhance the body's anabolic cycle

Most men over the age of 35 are probably starting to feel the debilitating effects of lower testosterone production, which often leads to a diminished sex drive with infrequent and weaker erections. Inadequate testosterone levels also lead to a loss of muscle size and strength as well as diminished energy levels. When testosterone levels decline, aside from the fact that overall health also declines, the libido that once never failed you, is all but gone!

The 100% natural ingredients within **Ultimate Libido** work to restore a healthy testosterone status while helping to enhance libido in a natural and highly effective manner.



Brad J. King, M.S., M.F.S., nutritional researcher and bestselling author, is the designer of the Ultimate line of supplements, which stand for improving lives one body at a time by correcting and maintaining metabolism – **resulting in abundant energy, health and longevity.**

MALE ENERGY

Brad King's Ultimate Male Energy

- ✓ Protect against Andropause
- ✓ Reduce body fat – especially abdominal fat
- ✓ Protect the body's natural testosterone production
- ✓ Inhibit estrogen production
- ✓ Convert negative estrogens to beneficial estrogens
- ✓ Preserve and build muscle
- ✓ Enhance cellular repair mechanisms
- ✓ Enhance liver function to aid in healthy metabolism

Numerous men experience a negative body transition with advancing age known as **Andropause**. Andropause is often described as “*A noticeable decline in male hormone levels, often with the accompaniment of high estrogen levels*”. It is often these negative forms of estrogen – called 16 hydroxy estrogens – that create a host of problems within a man's body, making it extremely difficult to maintain a healthy metabolism. Andropause is often associated with loss of muscle mass and strength, increased belly fat, low energy, poor concentration, irritability, depression and decreased interest in sex and/or erectile dysfunction, among others.

Ultimate Male Energy is designed as the staple of the Ultimate male program, as it helps to address the problems associated with Andropause and excess estrogens using 100% proven natural ingredients.

PROSTATE

Brad King's Ultimate Prostate

- ✓ Prevent prostate enlargement with advancing age
- ✓ Reduce prostate inflammation
- ✓ Reduce urinary urgency and frequency
- ✓ Lower PSA levels
- ✓ Support the health of the prostate gland
- ✓ Decrease harmful estrogens
- ✓ Relieve BPH induced Prostatitis

Over 30 million men throughout North America suffer from a condition called benign prostatic hypertrophy (BPH), which represents the enlargement or swelling of the prostate gland. Over 50% of men over the age of 50 suffer from this condition and almost 100% of men over the age of 80 can expect to suffer from BPH.

The 100% natural, research-proven, ingredients within **Ultimate Prostate** work to support and enhance overall prostate health by addressing all three areas of prostate problems: hormone changes, inflammation and nutritional deficiencies – naturally and without the side-effects that are often associated with prescription drugs.

QTY: 10,000

Date: _____

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