

Our Practitioners

Dr. Newsha H. Kashani, Hon. BSc, DC
Chiropractor
Acupuncture and Graston Technique Provider

Dr. Newsha H. Kashani received her undergraduate training at McMaster University, where she earned an Honours Bachelor of Science degree majoring in Life Sciences. She then went on to complete an additional 4 years of chiropractic training at the Canadian Memorial Chiropractic College (CMCC) in Toronto, where she graduated from in 2008 with clinic honours. Dr. Kashani is also certified in Clinical Acupuncture through the Acupuncture Council of Ontario which aims to combine contemporary medical acupuncture with core Traditional Chinese Medicine theory. In addition to the above training, Dr. Kashani also obtained certification in Graston Technique Therapy, an innovative form of instrument-assisted soft-tissue mobilization. Dr. Kashani has extensive experience with working in a clinical setting during her studies, and is an active member of the Canadian and Ontario Chiropractic Associations and the College of Chiropractors of Ontario.



Dr. Betsy Haghsheno, Hon. BA, ND
Naturopathic Doctor

After completing an Honours degree in Community Health Sciences from Brock University, Dr. Haghsheno's passion to work in the field of health lead her to enroll at the Canadian College of Naturopathic Medicine (CCNM). At CCNM she gained first-class knowledge and training and graduated in 2009 as a Doctor of Naturopathic Medicine. During her 12 month internship, she had a chance to gain hands on experience in helping her patients both at the Robert Schad Naturopathic Clinic and working with low income families at Queen West Community Health Centre. During this time she also obtained additional training and certification in women's health issues and fertility. In addition to the clinical acupuncture she is trained in, she also pursued supplementary training in facial rejuvenation and cosmetic acupuncture. Further, Dr. Haghsheno's exposure to the role of natural medicine in cancer patients lead her to achieve certification in oncology. Dr. Haghsheno is an active member of both the Canadian Association of Naturopathic Doctors and the Ontario Association of Naturopathic Doctors.



Dorota Rodziewicz, RMT
Registered Massage Therapist

After 2 years of schooling and aspirations of becoming an actress, Dorota decided to change careers to something that made her feel good about being herself - she decided to become a Registered Massage Therapist. Her inspiration came from a lifelong dedication to take care of her handicapped brother. In this role she is able to help people alleviate symptoms of ailments and make them feel good about who they are as well. Jumping into two years of full-time training at Everest College, she completed her studies and exams, while also gaining hands-on experience by treating people in a clinic for 2 years. Dorota is always willing to help her clients, and is an active member of the College of Massage Therapists of Ontario.



Scott Marascio, RMT
Registered Massage Therapist

Scott is a graduate of the renowned Sutherland-Chan School of Massage Therapy and a member of the College of Massage Therapists of Ontario (CMTO). He has been involved in competitive gymnastics since an early age, competing at National and Provincial levels. Scott is a Level 5 USASF Certified Tumbling Coach and Trainer of youth, junior, and senior athletes. He is also a Cheerleader and Coach with the Power Cheer Toronto (PCT) Cobras based in Mississauga, Ontario. PCT is one of Canada's top ranked clubs, recently placing seventh in the world. Scott is also a member of Team Canada, winning Gold at the 2010 World Cheerleading Championships in Orlando, Florida!

